



# Addressing the Opioid Epidemic: Behavioral Health and the Management of Chronic Pain

Presented by OSF Psychological Services

**Wednesday, May 23 | 8 – 10:30 a.m.**

OSF HealthCare Saint Anthony's Health Center | Perpetual Help Center  
1 Saint Anthony's Way | Alton

**Check-in and continental breakfast:** 8 a.m.

**Speaker:** Dr. Shannon Walker, Licensed Clinical Psychologist

## Learning objectives:

- Learn about psychological techniques for coping with chronic pain.
- Understand the importance of treating depression and anxiety related to chronic pain.
- Learn how behavioral health treatment can mitigate fear and anxiety associated with opiate reduction.
- Understand the benefit of integrating medical and behavioral health services for the management of chronic pain.

To register, visit [osfsaintanthonys.org](https://osfsaintanthonys.org) and click on "View Classes & Events."

OSF HealthCare is a licensed social worker continuing education sponsor by the State of Illinois (IL, license # 159.000855).

OSF HealthCare Provider Unit is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-353, 11/1/2019). Illinois has designated ONA as the official approver of CNE Providers and activities for Illinois.



## OSF® HEALTHCARE

**ATTENTION**  
nurses, social workers  
and professional  
counselors:  
**2 CEs – FREE!**

*Clinical Staff, PA, PT,  
OT and others are also  
welcome to attend.*